



INTRODUCTION

Message From Our Manager

Hello everyone, and welcome to our spring newsletter.

It has been a busy few months here at Sandmere as the home continues to grow. As our team expands, it has been encouraging to see more people taking part in activities, with more residents getting involved and enjoying what is on offer.

Thank you to everyone who attended our recent residents' and relatives' meeting. Your feedback is always valued and helps us to maintain a warm, welcoming and responsive environment within the home.

We were pleased to celebrate a number of occasions together, including Mother's Day, Easter and St George's Day. These events brought residents, families and staff together and helped create a strong sense of community. As we move into the brighter months, we look forward to seeing more of you at upcoming events and activities.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Sally Wheeler
Home Manager



SAVE THE DATES

DATES IN THE *Sandmere Diary*

7th May – Cinema Trip: EPIC – Elvis Presley in Concert

8th May – VE Day Celebrations
(11:00am – Turner residents, 2:30pm – Snelling residents)

18th May – Trip to RAF Manston (to be confirmed)

June – Further trips to the cinema, seaside and Hornby Wonder Works (dates to be confirmed)

Further details will be shared via email as plans are finalised.

SEASONAL CELEBRATIONS

National Event Celebrations

Since the start of the year, there has been a full calendar of celebrations within the home. Mother's Day and Easter were both marked with a variety of activities, including visits from ZooLab and Banks the Therapy Donkey, as well as flower arranging sessions and baking activities.

The Easter period included an egg hunt and raffle, which were well supported and enjoyed by residents and visitors alike. We would like to thank everyone who joined us and contributed to making these occasions special.

We also celebrated St George's Day with a quiz and singalong, which brought a lively and sociable atmosphere to the home. Looking ahead, we are planning a VE Day celebration on 8th May and hope that many of you will be able to join us.



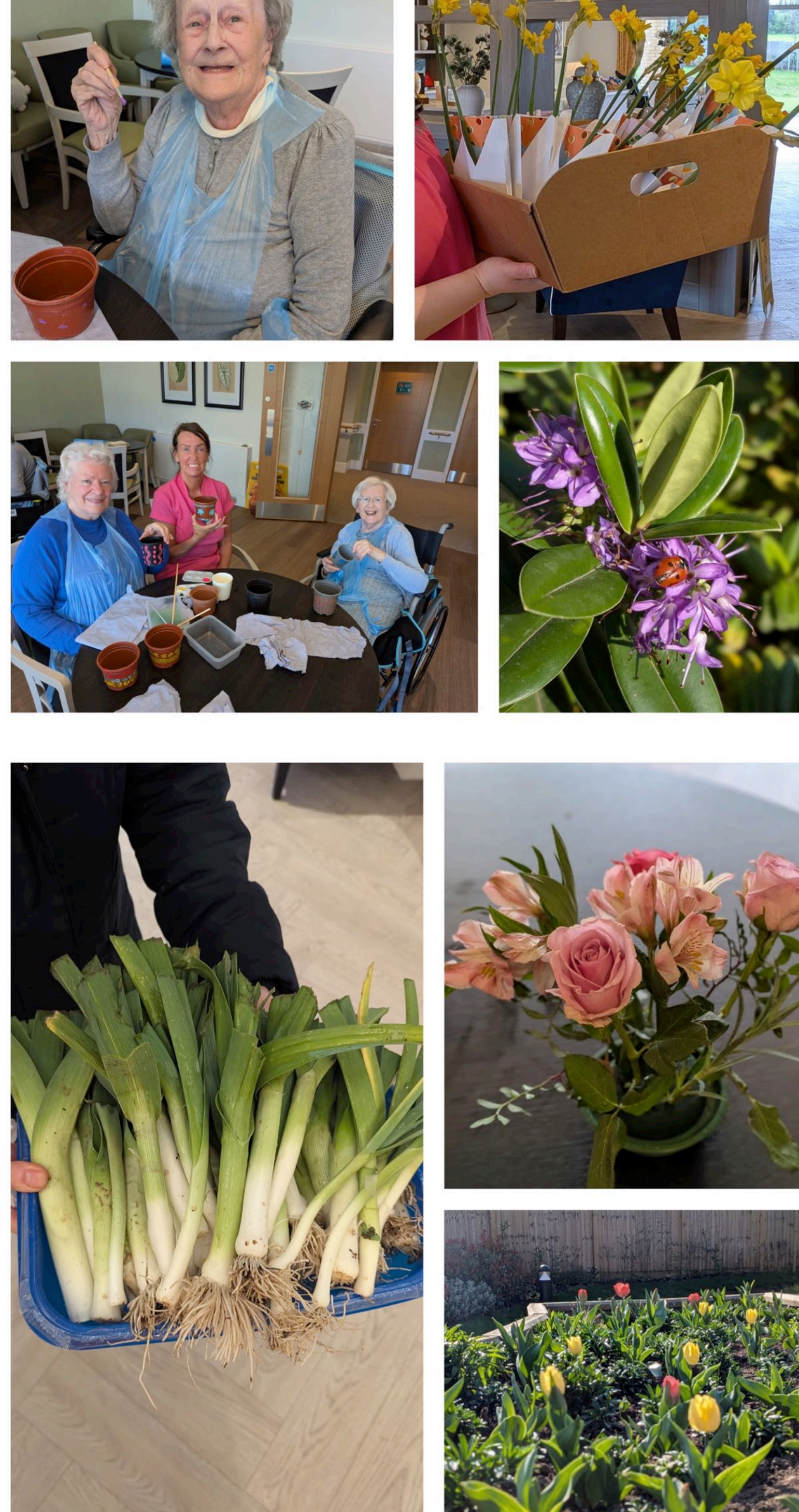
RECENT ACTIVITIES & EVENTS

Spring in the Garden

With the arrival of milder weather, many have been spending more time in the garden. It has been a pleasure to see the space being used for both activity and relaxation.

Thanks to the efforts of resident, Jim, and his family, we have once again been able to enjoy seasonal vegetables, which are used by our kitchen team, as well as flowers that attract local wildlife.

Gardening activities have now been added to our regular schedule, including planting and decorating pots. These sessions are open to all and provide a simple and enjoyable way to take part in outdoor activity. Donations of small plant pots or seeds are always appreciated.



External Events and Outings

As the weather improves, we are reintroducing more outings and trips for residents. These provide an opportunity to enjoy new surroundings and experiences outside the home.

Our upcoming cinema trip for Turner residents to see EPIC – Elvis Presley in Concert has generated a great deal of interest. Further details will be shared with families directly.

We are also in the process of organising visits to RAF Manston, the Hornby Wonderworks and Ramsgate Tunnels as part of our local history activities. We will continue to share updates as plans are confirmed.

The Power of Music

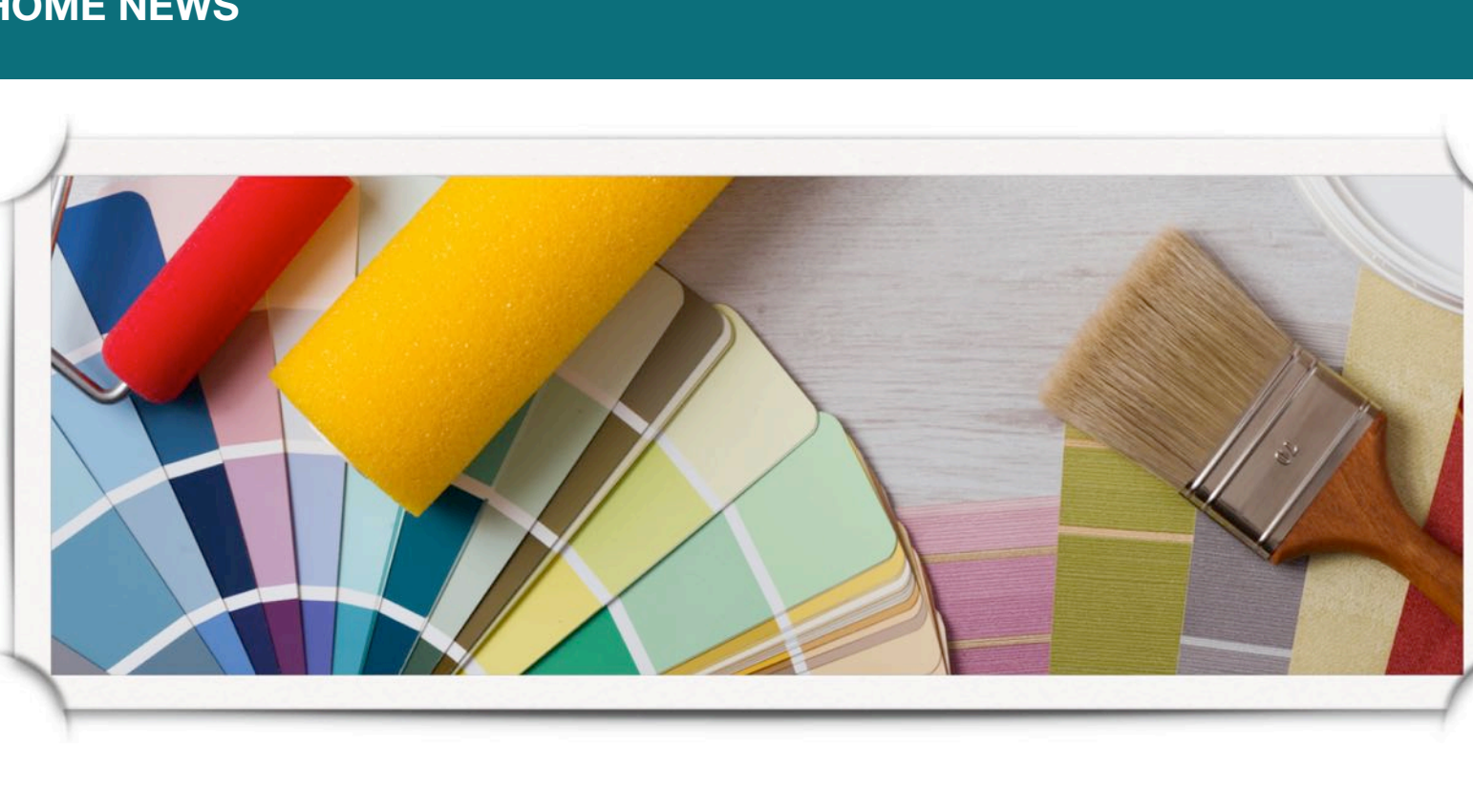
Music continues to play an important role in daily life at Sandmere. We are pleased to have a growing interest in the music of André Rieu, with residents enjoying both recordings and shared listening sessions.

We have begun building a small collection of CDs, available for residents to borrow, and hope to expand this into a wider music library over time.

Live music remains a regular feature, with Tara returning on 1st May and Jon Beethan continuing his visits to the Snelling floor. Weekly music sessions also take place across the home, and families are always welcome to join in.



HOME NEWS



Focus on Dementia and Wellbeing

We continue to make improvements to our communal areas, particularly on the Snelling floor, to better support residents living with dementia.

The **Quiet Lounge** has been developed into a comfortable and calm space, with seating, memory scrapbooks and access to music. It offers a place for residents to relax, spend time with visitors or enjoy quiet moments.

In the **Communal Lounge**, we have added a range of accessible activities, including memory games, puzzles and craft materials. These are used regularly to support engagement in a relaxed and flexible way.

We are grateful for the suggestions and support from residents and families in helping us shape these spaces.

STAFF CORNER

New Staff Members

We are pleased to welcome several new members to the Sandmere team. As the home continues to grow, these additions help us maintain a high standard of care and support.

Please feel free to introduce yourself if you see any new faces around the home.

COMING UP...

Looking Ahead

As we move into the spring and summer months, we are looking forward to expanding our programme of activities and outings.

Our focus will remain on providing a balanced mix of social events, creative activities and opportunities for relaxation, both indoors and outdoors. Strengthening our connections with families and the wider community will also continue to be a priority.

Thank you, as always, for your continued support.

EXTERNAL LINKS

Social Media

Make sure to check out the Sandmere Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

