

## INTRODUCTION

### Message From Our Team

The sun is shining, the garden is blooming and there's a warm buzz of activity here at the home. From exciting day trips to garden parties and craft afternoons, we've filled this season with joy, laughter and connection. Grab a cuppa and enjoy a peek into our summer highlights!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

**Sandmere Care Home Team**



## ACTIVITIES & EVENTS

### Musical Mornings

Music is always a favourite here at Sandmere, and our recent live entertainment sessions were no exception. We were delighted to welcome Jon, a talented musician who brought along an array of instruments - from guitars and drums to tambourines - and invited residents to join in. The room was soon filled with familiar tunes and cheerful singing as residents took part in a lively, interactive sing-along.

It wasn't just the professionals playing - residents were equally involved, tapping rhythms, singing along and enjoying the familiar joy that only music can bring.



### Ukulele Allsorts Strike a Chord

Later in the month, we had the pleasure of hosting Ukulele Allsorts, a local band led by Anne and her fantastic team. Their performance brought a wonderful energy to the home. The unique sound of the ukulele had everyone captivated, and it wasn't long before voices filled the room in another hearty sing-along. These visits are always special — the music sparks memories, and the shared experience brings everyone a little closer.



### Garden Games and Pimms!

When the British summer shows its face, we make the most of it. Residents took to the garden for an afternoon of gentle games, friendly competition and good company. A nod to Wimbledon was made with strawberries and cream served on the lawn, alongside a refreshing glass of Pimms for those who fancied it.

The combination of sunshine, fresh air and conversation made for a relaxing afternoon in the comfort of our beautifully kept outdoor spaces.



### Keeping Active with Chair Zumba

Our wonderful volunteer, Sharon, continues to bring energy and encouragement through her popular Chair Zumba classes. This gentle but effective form of movement is ideal for improving flexibility, circulation and general wellbeing. The sessions are accessible and inclusive, and residents always leave with smiles on their faces. Sharon's commitment and positive presence make a real difference and we're incredibly grateful for all she does.



### Marking 80 Years Since VE Day

Sandmere recently came together to mark the 80th anniversary of VE Day with a heartfelt afternoon tea on our patio. Residents, relatives and staff gathered to remember the significance of the day, while enjoying a thoughtful menu of sandwiches, cakes, and refreshments prepared by our dedicated catering team.

The live performance from Julia, a talented vocalist, added a poignant touch to the occasion. Her songs stirred memories and created a warm atmosphere of reflection and remembrance.

We were also proud to raise funds during the event for the Make-A-Wish UK, reinforcing the sense of purpose and community spirit that defines life at Sandmere.



### Dementia Action Week

In support of Dementia Action Week (19–25 May 2025), our team worked hard to ensure that residents, families and visitors had access to helpful information and resources. Organised by the Alzheimer's Society, this national campaign highlights the importance of early diagnosis and support for those living with dementia.

Thanks to Sarah's efforts, we had a thoughtfully curated display in our reception area and sold Forget-Me-Not Badges to raise funds for the Alzheimer's Society. These small actions contribute to wider awareness and show our commitment to supporting those affected by dementia, both in our home and the wider community.



## EXTERNAL LINKS

### Social Media

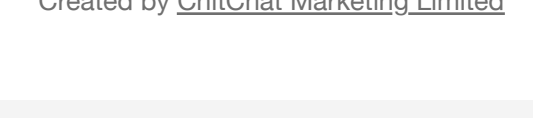
Make sure to check out the Sandmere Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

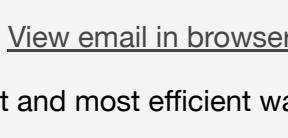
### Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Don't Forget To 'Like' Us!](#)



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